

ANALY EL MOLINO ELSIE ALLEN HEALDSBURG PETALUMA PINER SONOMA

SONOMA COUNTY LEAGUE

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AUGUST 3, 2012

SONOMA COUNTY LEAGUE

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JAN 9, 2015

SCL BADMINTON SCHEDULE 2015

(SIX SCHOOLS --3 ROUNDS--15 MATCHES)

NAMES ABBREVIATED--ELISIE=ELSIE ALLEN, RCP=ROSELAND COLLEGE PREP,RUP=ROSELAND UNIVERSITY PREP

THE SCHEDULE HAS BEEN CHANGED TO REFLECT THE SPRING BREAKS--SEE****FOR NEW DATES

<u>ROUND #1</u>	<u>ROUND #2</u>	<u>ROUND #3</u>
<u>TUES. MAR 10</u> RUP AT PET ANALY AT ELSIE RCP AT PINER	<u>THURS. APRIL 2*****</u> PET AT RUP ELSIE AT ANALY PINER AT RCP	<u>TUES. APRIL 21</u> RUP AT PET ANALY AT ELSIE RCP AT PINER
<u>THURS MARCH 12</u> ANALY AT RUP RCP. AT PET PINER AT ELSIE	<u>TUES., APRIL 7</u> RUP AT ANALY PET AT RCP ELSIE AT PINER	<u>THURS. APRIL 23</u> ANALY AT RUP RCP. AT PET PINER AT ELSIE
<u>TUES MARCH 17</u> RCP. AT ANALY ELSIE AT RUP PET AT PINER	<u>THURS. APRIL 9</u> ANALY AT RCP RUP AT ELSIE PINER AT PET	<u>TUES. APRIL 28</u> RCP AT ANALY ELSIE AT RUP PET AT PINER
<u>THURS. MARCH 19</u> ELSIE AT RCP PET AT ANALY PINER AT RUP	<u>TUES. APRIL 14</u> RCP AT ELSIE ANALY AT PET RUP AT PINER	<u>THURS. APRIL 30</u> ELSIE AT RCP PET AT ANALY PINER AT RUP
<u>TUES. MARCH 31*****</u> PET AT ELSIE RUP AT RCP ANALY AT PINER	<u>THURS APRIL 16</u> ELSIE AT PET Kennelworth JTB RCP AT RUP PINER AT ANALY	<u>TUES. MAY 5</u> PET AT ELSIE RUP AT RCP ANALY AT PINER

count for league championship

WED 15th

IMPORTANT DATES

FEB 8	FIRST DAY OF PRACTICE
MAR 23-27	SPRING BREAK*****
MAY 7	SEEDING FOR SCL QUALIFING TOURNEY
MAY 8	SINGLES QUALIFING TOURNEY EA

MAY 8	DOUBLES QUALIFING TOURNE Y
MAY 10	NCS ENTRIES DEADLINE
MAY 10	NCS BRACKET DEVELOPMENT
MAY 16	NCS CHAMPIONSHIPS

& mixed

Friday 2PM

@ Piner 4pm

M

EA
R2
HPM

ALL-LEAGUE

NORTH COAST SECTION EJECTION POLICY

BADMINTON - 2015

The following is a summary of the rules pertaining to the NCS Ejection Policy in badminton. This summary is provided as a guide for athletic directors, coaches and league commissioners. This summary outlines why an athlete or coach would be disqualified from badminton competition. Acts by an athlete or coach that are unsportsmanlike or dangerous conduct shall subject the student and/or coach to ejection and application of the NCS Ejection Policy. **Please review these rules with your student athletes and coaches.** It is important to note that a one game or contest ejection is not a substitute for appropriate counseling of the student or coach, nor for the student's and coaches' demonstrated contrition and acceptance of responsibility for the action(s) which led to the ejection. Each league shall establish a procedure for reporting ejections (NCS Sports & General Rulings Handbook - bylaw 306H). In addition, the primary event official for badminton shall be authorized by the league for intra-league competition.

Coaches Review Content

League commissioners shall have coaches review the content of the Ejection Policy for the coaches' respective sport at the end of the season meeting and make recommendations for change. The league commissioner will direct such recommendations to the NCS Sports Advisory Committee ("SAC"), which will consider them. The SAC will determine whether to forward recommendations to the Board of Managers for change.
(Board of Managers 10/24/97)

School Administration and Coaches' Responsibility

School administrators and coaches are responsible for determining the cause of ejection for any coach or player and are responsible for enforcement of the Ejection Policy. Confusion over the cause for a coach's or player's ejection shall not be the basis for allowing a student or coach who has been ejected under an applicable rule to avoid the sanctions required by the Ejection Policy (either prohibition from participation or forfeiture should a student or coach who is in violation of the Ejection Policy participates in a subsequent contest).
(Board of Managers 10/24/97)

SPORT	RULE	DESCRIPTION	Does the rule apply to the NCS Ejection Policy?
Badminton	Law 16.7	USBA rules do not fully address unsportsmanlike conduct. Therefore, NCS would define unsportsmanlike conduct as conduct of an athlete or coach who becomes abusive or interferes with the orderly progress of the match. This includes, but is not limited to, deliberately cause suspension of play, deliberately interfere with the speed of the shuttle, behave in an offensive manner, be guilty of misconduct not otherwise covered by the Laws of Badminton, acts of disrespect, use of foul language, unethical or dishonorable actions which bring discredit to the athlete's or coaches' school, disrespectfully addressing an official or coach, taunting or criticizing an opponent, official or coach and failure to follow directions of match or tournament officials.	Yes

- ~~12.803 In the case of a two or more team tie for first place the winner will be determined by process outlined in Sec. 14.803 (July 2010)~~
- ~~12.804 Certificates will be awarded for the first three places in each weight class in the League tournament~~
- ~~12.805 The League novice tournament is limited to students who have not previously won a first, second, or third place in any tournament.~~

BADMINTON

13.000

SCHEDULES

13.100

- 13.101 The schedule shall be a double round robin and shall be reversed and rotated each year.
- 13.102 League Badminton matches will be played on Tuesdays and Thursdays.

PRACTICE

13.200

GAME ADMINISTRATION

13.300

- 13.301 The United States Badminton Rule Book is the governing authority in badminton as modified by the NCS Board Of Managers and/or the CIF Federated Council. NCS Modifications: One-inch (25.4 mm) lines are permitted.
- 13.302 Coaches must exchange line-ups at the beginning of the match. The home coach should welcome the visitors, introduce the coaches and establish the ground rules.
- 13.303 Coaches will determine when matches will be played according to which players are playing singles, doubles, or mixed.
- 13.304 The schools of the SCL shall have a first, second, third, and fourth singles players in girl's and boy's singles; a first and second doubles team in boy's and girl's doubles; and a first, second and third mixed doubles teams.
- (a) The first three players in the line-up must play singles and must play in ranked order.
 - (b) After the first three players in the line-up, any combination of players can be used provided the first doubles team is ranked higher than the second. In mixed doubles, the teams must play the first, second, and third doubles teams in ranked order.
- 13.305 Players may play in two categories.
- 13.306 Play shall be continuous from the first service until the match is concluded with the exception of an injury. There will be no sideline coaching allowed during the match except in the following instances:
- (a) A maximum 90-second break will be allowed between the first and second game on the court for coaching (players may not leave the court). Water may be taken to the court but a player may not have water/drinks on the court at any time.
 - (b) A maximum two-minute break will be allowed between the second and third game. (players may leave the court).
- 13.307 Match rules
- (a) When matches are put on the courts, have both players come to the desk to get their score sheets and the shuttle. They should introduce themselves.

- (b) **Players should be reminded that play is continuous and that no coaching is allowed except at the following breaks:**
 Between the first and second game—2minutes—players may not leave the court.
 Between the second and third game if split games—2 minutes—players may leave the court.
- (c) **Water is allowed on the courts in a container that is not open. Abuse of water breaks is considered unsportsmanlike and may result in a warning. Continued abuse may result in an ejection.**
- (d) **When players go to the courts, they should try not to disturb the courts in play. Players should move quickly to their court when the bird is not in play on the courts they are passing.**
- (e) **Remind players that play is continuous and that they may not leave the court during play except between the second and third games.**
- (f) **If there are questions regarding the rules, etc., players can indicate this to the coaches by sending a player to the table.**
- (g) **Players who split games should leave their rackets on the court to indicate that the match has not yet been completed.**

13.308 Rally scoring will be used.

13.309 Junior Varsity co-ed format shall be three boys' singles, three girls' singles, one girls' doubles, one boy's doubles and one mixed doubles. The top two singles must play in ranked order.

13.310 A player may move from varsity to junior varsity and vice-versa at any time during the season. However, a player may not participate as a varsity player and JV player in the same day/match.

13.311 If a position is to be forfeited, the forfeit must be placed at the bottom of the ranked players; i.e., forth place singles, second place doubles, or third place mixed doubles. JV third place singles.

13.312 Players are required to wear their badminton school uniforms in all SCL and NCS matches. NCS uniform rules will be used.

EQUIPMENT 13.500

13.501 The SCL will use the Yonex--Mavix 350 (yellow) shuttle.

LEAGUE AND TOURNAMENT 13.800

- 13.801 There will be an SCL qualifying tournament for qualification to the NCS Championships.
- a. The singles tournament will take place on the Friday following the league round-robin. Warm-ups will begin at 3:30 pm and match play will begin at 4:00 pm.
 - b. The doubles and mixed-doubles tournament will take place on the Saturday after the singles tournament. Warm-ups will begin at 8:00 am and match play will begin at 9:00 am.
 - c. All players must play in the SCL tournament to qualify for the NCS Championships.
 - d. Participants in the tournament must have played at least one-half of the SCL matches at the varsity or junior varsity level.
 - e. All schools participating in the SCL tournament must provide workers to assist the site directors. Each school should secure 2-3 volunteers.

Practice Time Allowance

506 PRACTICE ALLOWANCE

For the benefit of the physical and mental health of our student-athletes, all practices (as defined herein) under the auspices of the high school athletic program during the season of sport shall be conducted under the following conditions (See also Bylaw 310):

1. All teams will be allowed no more than eighteen (18) hours of practice time per week and no more than four (4) hours in any single day.
 - a. Multiple practice sessions:
 - i. Double day practices shall not be held on consecutive days.
 - ii. Must include minimum of three hours rest between practices.
 - b. Golf Only:
 - i. In the sport of golf only, a team is allowed a maximum of two days per week of 18-hole practice rounds. (Counts as four hours)
2. Any competition day would count as three (3) hours toward the allowable weekly and daily hours no matter the length of the contest(s).
 - No practice may be held following the conclusion of any contest.
3. Definition of practice:
 - a. Any school or team or individual activity organized by the coach that is intended to maintain or improve a student-athlete's skill proficiency in a sport; AND/OR
 - b. Any school team or individual activity that includes skill drills, game situation drills, inter-squad scrimmages or games, Weight training, chalk talks, film review, meetings outside of school time (excluding parent meetings) that are implicitly/explicitly required by the coach; AND/OR
 - c. Any other coach-directed or supervised school team or individual activity or instruction for a specific sport (private, small group or positional instruction, etc.) AND/OR
 - d. Any other team or individual instruction for a specific sport organized or supervised by any team member, or anyone else associated with the high school athletic program, team, or school; AND
 - e. Outside organization activity (club, etc.), shall not be used to circumvent these bylaws.
4. Other mandatory activities (including, but not limited to study hall, tutorial sessions, team dinners), shall not be considered part of practice time. These activities must be approved by the principal. Activities that would be included herein are exclusive to any activity already covered in number 3. a. - e. above.
5. This bylaw shall not supersede any School/District/Section policies that may be more restrictive.
6. Penalties: Following the determination of a violation of CIF Bylaw 506, a loss of practice day(s) and/or other sanctions, for each practice session infraction, shall be imposed by the Section as deemed appropriate to the level, extent, and duration of the infraction(s).

Frequently Asked Questions - (FAQ's will continue to be revised as needed and appropriate to assist schools in understanding the implementation of the Bylaw.)

QUESTION: Our football coach conducts a one-hour (1) before school weight lifting activity in the weight room for football players. Does this count in the three-hours per school day practice limitation?

ANSWER:

Before school activities that are NOT part of the curricular day are subject to the practice limitations. If the activity is organized and/or directed and/or supervised by any of the football coaching staff and only open to football players then YES it is considered to be practice and counted in the daily limit.

QUESTION: *Our football coach conducts a one-hour (1) before school zero period weight lifting activity in the weight room for football players. Does this count in the daily practice limitation?*

If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.

QUESTION: *We have a one-hour (1) before school; (2) zero period; general weight lifting activity in the weight room, advertised to all the athletes in the school who wish to participate. The football coach supervises this activity. While it is advertised to everyone in the school, it is primarily utilized by the football players. Does this count as practice activity in the daily practice duration limitation?*

ANSWER:

(1) Before school is not part of the curricular day so activities during this time are subject to practice duration limitations. However, if the activity is a non-sport specific strength program, open to all athletes, it would be considered general conditioning and would not count as part of the practice duration limitations. As long as the school has done their best to advertise and make it open to everyone, and it is not a non-football hostile environment, or is not located in an area where female or other sport athletes do not have access (i.e. access only through the boys locker room), regardless of who attends or who is supervising, the activity would not be considered practice and would not, therefore, count in the daily practice limitation.

(2) If Zero period IS considered part of the curricular day then it does not count against the practice duration limitations.

QUESTION: *A (1) Volleyball or Football; (2) Cross Country; Coach tells their team members "just go for an hour run" as a team (or as individuals) and then meet back in the gym to begin practice. Does that hour of just running count towards the practice duration limitation for that day?*

ANSWER:

Yes. This activity done as a team or as an individual and has been implicitly/explicitly required by the coach; directed and/or organized and/or supervised by the coach would count towards the daily practice duration limitations.

QUESTION: *A Basketball coach tells their team members that they are required to run a minimum number of miles each week on their own for conditioning. Does this count towards the practice duration limitations for any given day?*

ANSWER: Yes, this would be considered an activity under 3.b and 3.d above because it was required and or implied by the coach for his/her basketball team members to participate. If it was not implicitly or explicitly required by the Coach it would not count towards practice duration limitations.

QUESTION: *The Water Polo Coach establishes a swimming conditioning session (1) before practice each day (2) in the morning before school; (3) during zero period. Does this count towards the practice duration limitations for that day?*

ANSWER:

(1) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitations.

(2) Yes, swimming conditioning is directly related to water polo skill development, so this would count towards the daily practice duration limitation.

(3) If Zero period is considered part of the curricular day it does not count against the practice duration limitations.

QUESTION: *A student plays volleyball in the fall and basketball in the winter. During the overlap time of those two seasons is a student allowed to practice for four hours per day for volleyball and then another four hours per day for basketball, for a total of eight hours of practice on any given day?*

ANSWER: No. During any season overlap period for any student-athlete, that student-athlete is still limited to a total practice time for both sports not to exceed the daily practice duration limitation (4 hours max per day and only 18 hours per week).

BADMINTON MATCH RULES

Revised January, 2012

A. Coaches

- 1. Exchange line-ups at the beginning of the match**
- 2. Determine when matches will be played according to which players are playing singles, doubles or mixed doubles.**
- 3. Players may play in two categories .**
- 4. The singles players and doubles teams must play in ranked order.**
- 5. A player may move from Varsity to Junior Varsity anytime during the season. Players may not play on the Varsity team and the J.V. team on the same day. Players may play as many courtesy matches as they wish. (Some teams do not have a J.V. Team.)**
- 6. Rally scoring will be used.**

B. Welcome the visitors

C. Introduce the coaches

D. Give the ground rules

E. When matches are put on the courts, have both players come to the desk to get their score sheets and the shuttle. Have them introduce themselves.

F. Remind players that NO COACHING is allowed except at the following breaks.

Between 1st and 2nd game - 2 minutes - Players may NOT leave the court.

Between 2nd and 3rd game if split games - 2 minutes - players may leave the court.

G. When players go to the courts, try not to disturb the courts in play. Move quickly to your court when the bird is not in play on the courts you are passing.

H. Remind the players that play is continuous and they may not leave the court during play except between the 2nd and 3rd games.

I. Water is allowed on the courts in a container that is not open. Abuse of water breaks is considered unsportsmanlike and may result in a warning. Continued abuse may result in an ejection.

J. If there are questions regarding the rules, etc., players can indicate this to the coaches by sending a player to the table.

K. If you should split games, leave your rackets on the court so we know the match has not been completed.

L. NBL uses the North Coast Section Uniform Rules for all of its matches.

SEE BACK OF SHEET FOR NCS UNIFORM RULES.

NORTH COAST SECTION UNIFORM RULE

UNIFORMS

14.509H Participants Uniforms

Participating team members at the NCS/Les Schwab Tires Badminton Championships must comply with the following team uniform requirements.

- 1) All players on a team must wear shirts of the same color and the same trim pattern, but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches I size) are permitted on the shirt. The shirts do not have to be manufactured by the same company.
- 2) All players on a team shall wear shorts of the same color and the same trim pattern but not necessarily the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches in size) are permitted on the shorts. The shorts do not have to be manufactured by the same company.
- 3) Players may wear sweat pants during competition provided they match the color of the team's shorts. All of the sweat pants worn in competition must have the same trim pattern. The sweat pants material does not necessarily have to be the same material. A single partial/whole manufacturer's logo/trademark (no more than 2 1/4 square inches with no dimension more than 2 1/4 inches) and/or one American flag (no more than 2 inches x 3 inches in size) are permitted on the sweat pants that are worn in competition. The sweat pants do not have to be manufactured by the same company.

PENALTY FOR VIOLATION: Participating teams and/or players who wear illegal uniforms will be subject to disqualification once a match has started.

***Any delay in competition is subject to procedures outlined by USA Badminton Rules:
(Board of Managers 10/17/08)**

WARM

Roster - Badminton - 2015

<u>Name</u>	<u>School</u>	<u>Position</u>	<u>Contact</u>
Nancy Williams	ANALY	HEAD COACH	707-480-0355
Earl Pasamonte	ANALY	ASST COACH	707-824-2346
Ed Weber	Piner	Head Coach	eweber@sics.k12.ca.us 707-578-3367 (H) chief003@yahoo.com
Jill Jones	Petaluma	CO-COACH	707 529 0980
Donna McKenna	Petaluma	CO-COACH	707 953-9215 donnamiamac@comcast.net
Tino Fonzeca	Roseland University Prep	AD	707 393-9405 afonzeca@Roselandsch.scs
Stan Bischof	Elsie Allen	ASST COACH	stan@worldbadminton.com 707 542 0148
Jay Meyer	Elsie Allen	Head Coach	jmeyer@sics.k12ca (707) 481-7509