



# Healdsburg Badminton 2020

## Team News

### 2 March 2020

The time has come- this week we have our very first team competition. On Thursday Piner will be coming to see us. Since this is our first match, I'd like to go over a few basics:

\*\*\* **If for any reason you cannot make this match I need to know in advance.**

\*\*\* On Thursday everyone needs to be at the gym as soon as possible after school ends. The first to arrive can help set up. By 4 you need to be on the courts warming up so that the match can start by 4:30.

\*\*\* By Wednesday I will either have our new uniforms or pass out our old ones.

\*\*\* Everyone will compete and most of you will compete in two events.

Next week ( Wednesday the 11<sup>th</sup>) is our second match and our first away match. We will be taking a bus to Elsie Allen High in Santa Rosa and will have dinner before coming home.

On a more general note, while we still need more boys, the team is coming together quite well. We have a good group of returning players and many promising newcomers. Remember that your place on the team is based on our ladder, not your seniority!

Hopefully by now some of the sore muscles are getting better and you are starting to feel a little more comfortable with the footwork and racket work. This week we need to continue to practice both but also need to focus on tactics and strategy.

For my part I'm really glad to see that the team is doing well keeping me informed. It makes my life much easier. Keep up the good work.

Stan

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