

**AMERICAN RED CROSS CHILD AND ADULT
CPR-AED AND FIRST AID TRAINING for
Coaches Currently Employed in paid or volunteer positions
with Santa Rosa City Schools
January-June 2015**

Instructor: Maxine Freitas

Email: mfreitas@srcs.k12.ca.us (email is best way to communicate with me)

Cell: 707-953-6223

Location: TBD, will confirm location upon registration in class

You must be physically able to get down on your knees and demonstrate proficient execution of the skills required for CPR to be able to pass this course.

*If you have never taken a CPR class before, or it has been longer than 3 years, it is recommended you take the class through the Red Cross 577-7600 or HealthSource at Kidsake 546-4656. Proof of last certification required if new to SRCS.

Bring a PENCIL or PEN to class as there is a quiz.

Please email to register at least 48 hours in advance. Courses that do not have the minimum sign ups may be cancelled at that time.

No Fee for SRCS coaches.

COMBINED FIRST AID/CPR CLASS 9am-3:30 pm Minimum of 4 students req'd to hold class

Tues. March 24

Tues. June 9

CPR-AED Valid for 2 years **START TIME 4:00pm**

**classes with less than 3 students may be cancelled. Class limited to a max of 10 students. Class length approximately 3.5 hours

Thursday January 8

Thursday February 5

Tues. Mar. 10

Tues. May 12

Thursday January 15

Thursday February 12

Tues. Apr. 14

Thurs. June 4

FIRST AID Valid for 2 years **START TIME 4:00pm**

**classes with less than 3 students may be cancelled. Class size limited to a maximum of 14 students. Class length is approximately 3.5-4 hours

Tuesday Jan. 6

Tues. February 3

Tues. March 3

Tues. May 5

Tuesday Jan. 13

Tues. February 10

Tues. April 7

Tues. June 2

• *In the event the instructor is ill or other unforeseen circumstance occurs, attempt will be made to reach enrollees and/or a note will be posted on the door or window of building/classroom of scheduled class.*

• *Occasions do occur when a class(es) need to be cancelled or rescheduled, early registration is therefore highly recommended to allow adequate time for notification and to make other arrangements.*