

**AMERICAN RED CROSS CHILD AND ADULT
CPR-AED AND FIRST AID TRAINING for Coaches
Santa Rosa City Schools
Summer/Fall 2014**

Instructor: Maxine Freitas
Email: mfreitas@srcs.k12.ca.us (email is best way to communicate with me)
Cell: 707-953-6223

Location: Room 1 Old Lewis Adult School main building on the Lewis Campus enter from back parking lot
2232 Lomitas Ave

You must be physically able to get down on your knees and demonstrate proficient execution of the skills required for CPR and Unconscious choking to be able to pass this course.

*If you have never taken a CPR class before, or it has been longer than 3 years, it is recommended you take the class through the Red Cross 577-7600 or HealthSource at Kidsake 546-4656. Proof of last certification required if new to SRCS.

Bring a PENCIL or PEN to class as there is a quiz.

Please email to register at least 48 hours in advance. Courses that do not have the minimum sign ups may be cancelled at that time.

COMBINED FIRST AID/CPR CLASS 9am-4:00pm Minimum of 4 students req'd to hold class

Friday July 18
Monday August 4

CPR-AED Valid for 2 years START TIME 4:00pm

**classes with less than 3 students may be cancelled. Class limited to a max of 10 students. Class length approximately 3.5 hours

Thursday July 31 **Thursday** August 14 Tuesday Oct.7 Tuesday Dec. 9
Thursday August 7 Tuesday September 9 Tuesday Nov 11

FIRST AID Valid for 2 years START TIME 4:00pm

**classes with less than 3 students may be cancelled. Class size limited to a maximum of 14 students. Class length is approximately 3.5-4 hours

Tuesday July 29 Tuesday September 2 Tuesday December 2
Tuesday August 5 Tuesday September 30
Tuesday August 12 Tuesday November 4

• *In the event the instructor is ill or other unforeseen circumstance occurs, attempt will be made to reach enrollees and/or a note will be posted on the back door to Lewis Adult school building.*

• *Occasions do occur when a class(es) need to be cancelled or rescheduled, early registration is therefore highly recommended to allow adequate time for notification and to make other arrangements.*